



## **U9 and U10 Playing Time Policy**

West-Mont United continues to provide the best environment for player development and enjoyment. By sharing our Playing Time Policy, we hope to educate our parents and players about the philosophy behind this Policy, aiding them in setting realistic expectations.

Please remember this is a team sport, and these age groups are being developed as a whole to support the highest possible level of play within their development. If we only focus on e.g. 3 top players from each team, giving them maximum playing time, others around them suffer and therefore lose the drive and opportunity to develop. At the younger ages we continuously look to support development, as eventually these 2-3 smaller format teams will combine to form 11v11 teams. The hope is that the level is consistent enough to form, at a minimum, 1st tier and 2nd tier teams in the 11v11 format.

### **U9 United (1st Tier)**

Playing time is provided as equally as possible (approximately 50%) in order to develop better technical players by providing more opportunities to get touches on the ball. Furthermore, in the first year of travel, we need to support each player's love of the game. By sitting on the bench for long periods of time, players may become disinterested and lose their passion for playing. However, players playing at the highest level of play, demonstrating consistent commitment/effort to training and games, may be rewarded with additional game time (more than 60%). This protocol is led by the professional coach, depending on a given week's training sessions, evaluation, and game situation.

### **U9 Union (2nd Tier)**

Playing time is provided as equally as possible (approximately 50%) in order to develop better technical players by providing more opportunities to get touches on the ball. Furthermore, in the first year of travel, we need to support each player's love of the game. By sitting on the bench for long periods of time, players may become disinterested and lose their passion for playing. However, players playing at the highest level of play, demonstrating consistent commitment/effort to training and games, may be rewarded with additional game time (more than 50%). This protocol is led by the coach, depending on a given week's training sessions, evaluation, and game situation.

### **U9 Lazars (3rd Tier)**

Playing time is provided as equally as possible (approximately 50%) in order to develop better technical players by providing more opportunities to get touches on the ball. Furthermore, in the first year of travel, we need to support each player's love of the game. By sitting on the bench for long periods of time, players may become disinterested and lose their passion for playing. However, players playing at the highest level of play, demonstrating consistent commitment/effort to training and games, may be

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rewarded with additional game time (more than 50%). The coach implements this philosophy, with guidance from the professional coach, depending on a given week's training sessions, evaluation, and game situation.

### **U10 United (1st Tier)**

Playing time is provided as equally as possible (approximately 50%) in order to develop better technical players by providing more opportunities to get touches on the ball. Furthermore, in the first/second year of travel, we need to support each player's love of the game. By sitting on the bench for long periods of time, players may become disinterested and lose their passion for playing. However, players playing at the highest level of play, demonstrating consistent commitment/effort to training and games, may be rewarded with additional game time (more than 60%). Also, at this level, the “fair not equal” playing time policy is introduced into the philosophy. This protocol is led by the professional coach, depending on a given week's training sessions, evaluation, and game situation.

### **U10 Union (2nd Tier)**

Playing time is provided as equally as possible (approximately 50%) in order to develop better technical players by providing more opportunities to get touches on the ball. Furthermore, in the first/second year of travel, we need to support each player's love of the game. By sitting on the bench for long periods of time, players may become disinterested and lose their passion for playing. However, players playing at the highest level of play, demonstrating consistent commitment/effort to training and games, may be rewarded with additional game time (more than 50%). This protocol is led by the professional coach, depending on a given week's training sessions, evaluation, and game situation.

### **U10 Lazars (3rd Tier)**

Playing time is provided as equally as possible (approximately 50%) in order to develop better technical players by providing more opportunities to get touches on the ball. Furthermore, in the first/second year of travel, we need to support each player's love of the game. By sitting on the bench for long periods of time, players may become disinterested and lose their passion for playing. However, players playing at the highest level of play, demonstrating consistent commitment/effort to training and games, may be rewarded with additional game time (more than 50%). The coach implements this philosophy, with guidance from the professional coach, depending on a given week's training sessions, evaluation, and game situation.

\*\*No complaints regarding playing time will be tolerated, nor meeting provided if playing time policy is being adhered to.

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