

Dear lan,

December marked the end of the fall season and allowed for some reflection of our major accomplishments during 2015. The biggest change occurred in April/May when the club's Executive Director role transitioned from Peye Garcia to Ian Dawson. Ian hit the ground running and the club is the beneficiary of his hard work. Not only did we launch Montco Alliance this past year, but we have developed a new exciting relationship with West Ham Soccer Club in England. We hope that these additions to our club's offerings will assure our general membership that our club continues to strive to deliver best in class instruction. Our mission and vision for our club will continue to be centered around the principles of player development and our newly assembled team of professional coaches are delivering at all levels within our club. The future is very bright at West-Mont; the board is hard at work developing a new plan for the future based on the results of our first ever club survey. It paints a clear picture of what you, the membership, want from West-Mont, and we intend to deliver.

Thank you for being part of West-Mont and we appreciate all that you do to help make this club home to so many in our community. Happy New Year and God bless!

Joe Kent- WMUSA President

Intramural Soccer at West-Mont USA Registration for Spring 2016 is now open!



On behalf of West-Mont United, I would like to thank all of our players, coaches and families that participated in W-M's fall intramural soccer season.

After nine weeks, more than 75 soccer teams (1000+ players) finished their final week of play the weekend

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Save The Date:

NOW until February 12 - Early Registrat

February 13 - March 1 - Late Registratio

April 9 - First day of Spring Intramurals

May 21 - Last day of Spring Intramurals r

June 4 - Fun Day Tournament for Spring

COMING UP:

WaWa Voucher Fundraiser will return for

More info to come

West-Mont Welcome From London

West-Mont United Soccer Association (West-Mont) and West Ham United North American Academy (West Ham, London) have joined into a partnership; with this partnership, West-Mont will be given the opportunity to further enhance the development program for boys and girls.

Read More...

of November 14. The players that played this season were "All In!" and learned the fundamentals of soccer, sportsmanship and teamwork. The progress of the league throughout the course of the season is always fun to watch - from the first few weeks of uncertainty to that last game where each team is functioning as a unit and working together.

A tremendous THANK YOU to the numerous volunteers who assisted in the running of the cafe, working the merchandise stand, etc. A special 'thank you' must go on record to the following people....Paul Lucas, Craig Winters, Chris Sites & Kellie McPoyle. The support of these individuals throughout the fall season is incredibly instrumental to the success of our program.

And finally, I would like to thank the referees, without them our program would not be able run. Thank you for your patience and professionalism throughout this season!

Looking forward to seeing you this spring!

Josh Brown - West-Mont United Intramural Director

Click here to register for Spring 2016!

West-Mont hosted our first college seminar on December 16

The initial seminar was a huge success. The two-hour presentation held on December 16, 2015 was hosted by U15B assistant coach, Matt Woolley who has volunteered with the club for many years. Matt posed many questions to the guest coaches, Doug Hess of Drexel University and Todd Hoffard of Lebanon Valley College. Both coaches provided the clubs' players and parents honest, insightful and informative material on the recruitment process for the student athlete. The panel addressed the steps of the recruiting process, along with what coaches are



looking for in a student athlete. West-Mont United would like to extend a huge thank you to Matt for hosting the event, along with both Coach Hess and Coach Hoffard for taking valuable time out of their schedules to share experiences and insight. We look forward to working with them both in the near future and providing our players more opportunities in the collegiate area and other areas to support the committed soccer players at the club. We would also like to extend a thank you to all of the players and parents that attended our first college seminar. We know that you received valuable information that will only help in our players' knowledge and support their potential path into the collegiate soccer experience. Please be on the lookout for additional seminars in the future to support our players and families further.



Meet a West-Mont Coach

Introducing Lindsey Carstens

Hi, my name is Lindsey Carstens and I have coached for



2015 End of Season

http://www.westmontunitedsoccer.org/hor

2016 Board Election

Thank you to all of the members who can at the General Meeting.

President - Joe Kent Technical Director - Alex Zielke Support Services - Kellie McPoyle Facilities - Pat Welch

New US Soccer Play Development Initiativ



Click here for more

YSC Indoor Soccer {



- NO dogs at West-Mont
- NO parking on Royersford
- Drive carefully in West-Mor parking lot. Safety first!

West-Mont United for the past 6 years at all different ages and have truly enjoyed the people I have met along the way, like the directors, coaches, parents, and of course the players! I have enjoyed coming back each season to a soccer family.

Coaching experience:

- Centennial High School Girls Soccer in Champaign, IL (2006-2008)
- Villanova University Women's Assistant Coach (2009-2011)
- Penn Fusion Soccer Team (2009-2010)
- West-Mont United Soccer Club (2010-Present)
- West-Mont Goalkeeper Coach (2011-2013)
- College Residential Camps at University of Illinois (2006-2008)
- Villanova University (2009-2012)
- University of Pennsylvania (2009-2012)
- Starfinder Foundation Senior Leaders (2010-2012)

Teams you coach, present and past at WMUSA?

- U14G West-Mont United and Union (past 3 seasons)
- U9 and U10 Boys and Girls DDP Program (2 seasons)
- U14 West-Mont Blue Devils (1 season)

Favorite moment as a coach?

Honestly, any day that I get to watch the team I coach and see that the girls or boys are truly enjoying themselves on the field. These moments remind me why I became a coach and allow me to enjoy doing the job I love!

Favorite moment(s) as a player?

There are so many moments that were incredibly special in my playing career. It's hard to pick just one. I would say it's a tie between two moments.

- 1. The first moment happened in college. We were playing in the Big Ten tournament my senior year. Five minutes into the game, I split my forehead open on someone's shin guard and had to get stitches in the locker room at half time right above my eye (no concussion fortunately!). I went right back into the game for the second half, and we ended up winning in a shoot out. I saved two shots in the shoot out and looked like 'Rambo' with bandages around my head! It was such a thrilling moment!
- 2. The second moment was when I was playing for a professional team in Norway after college Team Strommen. We made it to the national finals and our team played in a stadium in front of 7,000 fans. The King and Norweigian Royal Family were in attendance as well. We ended up losing 3-1, but we got to shake hands after the game, and it was truly a great experience!

Favorite team(s)?

- US Women's National Team
- Canadian National Team
- I have some great friends that play in the NWSL, the women's professional league in the US. My favorite team in that league is Houston Dash.

Other interests and hobbies?

- I work as a physical therapist and love helping people get back to functioning to their fullest potential. I treat all ages from 5 month olds to 95 year olds and all diagnoses.
- Anything that involves playing with my dogs, running, and being outside.

Favorite TV shows and movies?

- 'Homeland' and any comedy
- Some reality TV every now and then

What you wanted to be growing up?

- Obviously a professional soccer player (what soccer girl doesn't!?)
- I actually always wanted to be a physical therapist from a pretty young age. I had some PT when I
 was growing up with soccer injuries and was hooked.

Contact email: Lindsey.carstens@gmail.com



Rent the West-Mont Clu

Planning a holiday party, graduation party West-Mont Club House.

Visit the West-Mont website for more info

Coaching Staff

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Sean Graves

Tournament Director

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Coaches Comer

Check out Positive Coaching Alliance's w great tips.



Click here for mo

Meet a West-Mont Alum

Introducing Laura Suaro

Team at West-Mont:

West-Mont Wildcats

How long did you play at West-Mont?

9 Years

Favorite moment(s) as a player?

- 1. Winning the Hempfield Tournament in penalty kicks at U9
- 2. Winning Beach Blast 2 years in a row

Favorite position?

Center back

Favorite coach(es)?

- Eric Dowiak
- Neil Suero
- Mario Giese
- Frank Darreff

High school?

Spring-Ford

College?

Penn State University

Why West-Mont?

West-Mont teaches young kids the fundamentals of soccer in a fun way. There is the perfect balance between serious soccer and fun soccer. It gives you an opportunity to get to know new people who end up being your best friends. My years at West-Mont were some of the best and most memorable years of my life.

Favorite player?

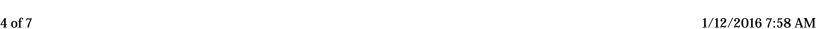
Abby Wambach

Please read this article to learn more about 'Mama Bear', aka Laura Suaro. 'One of a Kind Suero' article

Check out these awesome photos taken last year during BAH! Anyone missing summer?*











*All drone usage at WMUSA facility must be approved ahead of time by the WMUSA BOD.

Thank you U14 Boys Montco Alliance parent David Gulatti for these photos.

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About West-Mont United Soccer Association

VISION

West-Mont United Soccer Association will be a leading soccer organization in the region for player development and competitive play at all ages and abilities.

MISSION

West-Mont United Soccer Association creates a positive soccer experience that values sportsmanship and character building:

- By providing programs for all levels of play: Recreational, Travel and Premier
- By focusing on the development of players of all abilities
- By delivering our programs at top quality facilities
- By educating our players and members through experienced professional staff

West-Mont United Coaching Staff

West-Mont United Soccer Association is proud to have one of the best and continually growing coaching staffs in the area. Our coaches bring a variety of experiences to the coaching staff from Licensing (USSF, NSCAA and UEFA) to Professional Playing Experience to Collegiate Playing and Coaching Experience. We pride ourselves in continuing to bring our players and families the best coaches possible.

For more information on each of our coaches please follow this link - West-Mont Coaching Staff

West-Mont United 2015 Board of Directors

For more information about the 2015 Board of Directors & Trustees, please follow this link - <u>West-Mont</u> Board of Directors

Location

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